

Valla Views

Valla Beach Community Market

Saturday 4 April 8:00am to 1:00pm

Valla Beach Reserve »» Just Follow the Signs

Live Entertainment
From 9:00am - 1:00pm



Face Painting with
Kathrina

Free Family Arts and Craft
activities with Phillida.
Lots of Puzzles, Games,
Books and Art Activities.

Hulistic Hoops With Jesse
9am to 12pm. **Free**
demonstrations. Impromptu
Lessons. **Free Easter Egg**
Hunt around 9.30am at the
Market Office.



Live Music

Georgia Cortes Rayner

Georgia's distinctive smooth vocals and heartfelt lyrics combine with her acoustic guitar to create a rhythmic mix of folk, blues, country, rock and at times hip hop, with a twist. Georgia came to songwriting and performing later in life, releasing her first album at age 55. The Past Is A Passenger, was met with rave local and international reviews, and five years later is still capturing audiences. Reaching a milestone age of 60 this year, Georgia continues to write and perform, and her second album in is in the preproduction phase. Stay tuned folks.

Local Produce, Food and
Drinks, Art and Craft,
Clothing and Plants.
Plenty of Parking. Dog
(on lead) Friendly Venue.



Zumba
Demonstrations
With Kerri 9am & 11am

Introducing Evett Holland - she will give a short demonstration at 11.20am - Pole fitness and Fan Dancing "Miss E presents 'Rhythm & Pole' - a Pole Fitness and Silk Fan Flow studio, **Valla Public Hall** commencing **21 April**



Major Market Sponsors

- * Nambucca Valley Council
- * Valla Real Estate
- * Valla Lions Club
- * John Elliott (Prickle Patch Signs)
- * MasterHire Coffs Harbour
- * MAWAW - Men And Women At Work
- * Two Lucky Ducks - website design
- * Zeny's Photo Centre (Copy Centre)

Please support our sponsors above
as well as our wonderful support
businesses listed on Page 8



Valla Views is a Project of
the Valla Beach
Community Association

Want to receive Valla Views by email?
Go to vallabeachmarkets.org.au/valla-views
And sign up!

Market opening times:
6am for stallholders to enter site for
setup; 7am for community tent stalls;
8am for customers; Trading till 1pm
(no pack up before 1pm)

Cost for sites: (3m x 3m) \$30
Community Tent (chair and table
under marquee) \$15
Casual insurance \$10
(\$5 for community tent)
Food stalls \$50 (+\$10 for power)

All enquiries: Peter Sobey
vallabeachmarkets@gmail.com

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Contact for Valla Views Newsletter: Call or text Carole 0413 611 531 Email: vallaviews@gmail.com
Deadline for June 2026 Valla Views: Wednesday 21 May

Valla Beach Community Association President's Report—Easter Market Edition

“Our market falls on Easter Saturday this year - 4 April. A perfect excuse to indulge in far too much chocolate, as if anyone ever needed an excuse. It's also the final day of daylight saving, with the clocks changing in the early hours of Sunday morning, so you'll even get back that hour you lost six months ago.

I've once again put in a request for good weather, so come along and enjoy another jam-packed market filled with a wide variety of stalls. You'll find all your favourite regulars along with plenty of new faces: food, produce, plants, clothing, and much more. It's always a great day out - listen to live music, browse the stalls, and catch up with friends. This month we're featuring live music from Georgia Cortes Rayner; a pole fitness exhibition (not pole dancing!); hula hoop demonstrations; and kids' activities.

We all love the ocean, and none of us wants a day at the beach to end in tragedy. The Nambucca Surf Life Saving Club will be at the market with a CPR manikin to raise awareness about drowning risks and how to respond in an emergency - whether by performing CPR or using one of the AED devices located around Valla Beach. All donations collected at the entrance tables on market day will go directly to the Surf Life Saving Club, so please give generously. You'll find them set up in front of the LIONS Shed. While the LIONS won't be attending this month, we'll still have plenty of food vans to keep you well fed.

As a community market, we're proud to make space for the many groups that enrich our local life. This month we welcome stalls from Councillor Susan Jenvey (Labor), Councillor David Jones (Greens), the Forest Ecology Alliance - key advocates for the Great Koala National Park - and the Nambucca Country Women's Association, who never arrive without delicious cakes. They're all friendly and always up for a chat.

The VBCA is a volunteer committee operating under Nambucca Council, and we're always keen to welcome new people - whether you want to help in a small way or take on something bigger. Every contribution matters: greeting visitors at the Market; helping set up the annual art show; joining the committee; or lending a hand in countless other ways. If you'd like to get involved, please email us, give us a call, or drop by the VBCA tent at the market.

If you can't make it to our community meetings, our Minutes are posted on the VBCA website a few days afterward so everyone can stay informed. To find the Minutes - along with plenty of other useful information - visit vallabeachmarkets.org.au and navigate to “Our Community Association” in the top menu.”

Peter Sobey
President and Treasurer
VBCA



***The next VBCA General Meeting will be held on Monday
29 June 2026 at 7pm in the Valla Beach Community Hall.
All are welcome.***

Love Local Wildlife? Help Them Return to the Wild

WIRES Mid North Coast Wildlife Rehabilitation Shelter – Volunteer Induction

The WIRES Mid North Coast Wildlife Rehabilitation Shelter in Coffs Harbour is welcoming new community volunteers from across the Mid North Coast.

Our shelter cares for injured and orphaned native wildlife as they recover and prepare to return to the wild. Community volunteers play an important role in supporting this work.

Help when it fits your life: Even a few hours can make a real difference | No cost | No experience needed

This induction is for people interested in non-contact wildlife volunteer roles, such as:

- Prepare food and native foliage for wildlife in care
- Helping keep enclosures and the shelter tidy
- General shelter support | No wildlife handling required
- All roles are supported by the shelter team and covered by WIRES insurance

Curious about helping local wildlife?

Come along to an induction and find out how you can be part of the team.

RSVP your interest: mncwildlifeshelter@gmail.com

Full details will be provided after RSVP



The Valla Beach Community Defibrillator Project

“The recent incident at Deep Creek has reminded many in the Valla Beach community just how vital rapid emergency response can be. Although the outcome was tragic, the chain of events that unfolded that day demonstrated the enormous value of having accessible, well-maintained defibrillators - and a community that knows how to use them.

The Community Defib Project, an initiative of the Valla Beach Community Resilience Team, has placed seven Community-funded AEDs throughout the residential area. This network exists for one reason: to give anyone, at any time, the best possible chance of survival during a cardiac emergency.

During the Deep Creek incident, that preparation proved its worth.

A local resident walking her dog immediately began CPR. Another member of the public raised the alarm and retrieved the AED from Lions Park. A volunteer responding through the Good Sam app arrived to assist. Personnel from Nambucca Surf Lifesaving and the police also attended.

This rapid response is exactly what community defibrillator programs are designed to support.

What the Defibrillator Did And Why That Matters

The AED pads were applied correctly, and the device provided clear verbal instructions. Importantly, the unit did not deliver a shock because it detected no shockable heart rhythm, a sign that the device functioned exactly as intended.

After the incident, the AED was returned to Sydney for assessment. It passed all checks, and its pads and batteries have since been replaced. A temporary unit remains in place at Lions Park until the original is returned.

This transparency and follow-through reinforce a crucial point: AEDs are reliable, safe, and designed to guide even untrained bystanders through a crisis.

Every AED in Valla Beach is inspected monthly. Battery life, pad condition, and any signs of use or damage are checked, and a report is sent to Sydney. This level of oversight ensures that each device is ready the moment it's needed.

The Community Defibrillator Project is also adding clear location signage to all seven units so that 000 operators can direct callers precisely. Tools like the Emergency Plus app further help by providing exact GPS coordinates during an emergency.

Defibrillators are powerful, but they work best when paired with community awareness and confidence. That's why the Community Resilience Team, together with Nambucca Surf Lifesaving Club, will be at the Valla Beach Market on 4 April.

They'll be offering:

- CPR demonstrations using a mannequin, including techniques specific to drowning incidents.
- Information about when and how to start CPR.
- Details about the Good Sam network, which alerts trained volunteers when nearby emergencies occur.

These efforts strengthen the community's ability to respond quickly, often before emergency services can arrive.

Save the date: Wednesday 6 May, 1:30–3:00 pm at the Valla Beach Community Hall. NSW Legal Services will present a free session on legal issues that may arise during emergencies. Everyone is welcome.”

Julie Collins & Patricia Greenwood

Proposed Sale and Development of the Valla Beach School Site - Langsford Way

"The State Government have engaged local Real Estate firm Belle Property to advertise and market the School Site in Langsford Way.

The property is scheduled to go to Auction in Sydney on Wednesday 22nd April at 10.30am. The Auction will be held at AuctionWorks Mezzanine Level, 50 Margaret Street Sydney and online.

Copies of the Preliminary Biodiversity Assessments that the state government commissioned have now been accessed and are available for information by contacting Greg Meyers meymt1@bigpond.com

A team of local residents have been busily investigating and documenting environmental and biodiversity constraints as well as pursuing the government to halt the sale process and undertake a comprehensive and independent biodiversity and constraints study before proceeding to Auction.

Further information and your participation in this process would be most welcome by contacting Eric and Teena Pitman via email cjntpitman@gmail.com”

Please check out the following social media clip <https://www.facebook.com/share/p/1AoagQQ6aK/> and https://www.instagram.com/p/DV2_GW4k8Pk/

Greg Meyers

Valla Beach Bushcare needs Volunteers

“Ah, Autumn! Time to get out into the bush and see what’s happening. And a great way to do this, fully covered in protective clothing, is as a bush regenerator.

Not only will you see some of the wonderful wildlife we have here in Valla Beach, but also help to preserve two of the rarest nature reserves for wildlife on the east coast of Australia.

But that’s not all, you will help to keep yourself fit and enjoy the social morning teas as well.

So, if you are free on the second Monday morning of the month, we would love you to contact either National Parks and Wildlife Ranger Ashley Stephenson on 0459 844 769, or our Bush Regenerator Leader, Maggie on 0481 129 005.”

Bronwyn Rodden



Thanks to John Bennett for this beautiful picture of Jagun Nature Reserve

Valla Lions' 'Lions Youth of the Year Program'

“Valla Lions held their Youth of the Year (YOTY) Club event on 28 February, with two outstanding contestants: Violette Hyland from Nambucca Heads High School and Kaitlyn Forrester from Nambucca Heads Christian College. This year, Violette was awarded both the Public Speaking title and the Overall Winner. She also won the Area 2/N1 YOTY Public Speaking Award. We extend our thanks to the Valla Tourist Residents Committee for generously providing the hall.

We’ve been asking for a long time, and we’ve now reached a critical point — we urgently need new members. Unfortunately, Valla Lions will not be attending the Easter Markets this year, as around 90% of our members will be away. One of our most enjoyable regular activities is helping at the cattle sales every second Wednesday at the Macksville Showgrounds. If you’re nearby and curious about what we do, just ask — we’d love to show you.



Violette receiving her Award from Narelle Peters

We have plenty of ideas to bring our community together and create opportunities for fun and connection.”

Narelle Peters
0417 161 418

NSW Rural Fire Service - Valla Brigade Training Update

“Training with the NSW Rural Fire Service Valla Volunteer Brigade is always dynamic and hands on.

In recent weeks, members have refined strategies for responding to a potential fire in the Sullivans Road area and completed practical drills using compressed-air breathing apparatus.

Fittingly, on International Women’s Day, women made up a quarter of the dozen members participating in training. The brigade takes pride in its professionalism and its commitment to diversity and inclusion.

Like many RFS brigades, Valla welcomes new members of all ages and backgrounds — from enthusiastic young people to experienced seniors.

The Valla community is invited to attend the brigade’s Annual General Meeting at 11am on Sunday, 12 April, held at Valla Station on Valla Road (next to the Hall).

A free sausage sizzle will follow the meeting.”

Chris Knight



Father and son Wayne and Lachlan Pade (right) share a laugh as Valla brigade members train with compressed air breathing apparatus.

Speed Mitigation along Valla Beach Road between the Railway Bridge and Kuta Avenue

“For some years now I have been concerned about the speed with which some people drive in this particular section of Valla Beach Road – considering the closeness of the Valla Community Preschool, the off street parking area, bus bay area and turning circle, the Tavern, the Real Estate and Nourish Café. From 7.30-8.30am this particular area is so busy especially with Mums and bubs for the Preschool – and it is way busier if it’s raining. And of course, very busy from 3.30-4.30pm.



A mockup of a potential safe area for pedestrians near Nourish on Valla Beach Road

It was recently suggested to me that I write to Council personally with my concerns which I have done. Included in my letter, I referred to various studies that had been carried out - in 2021, Nambucca Valley Council introduced a Road Safety Initiative with the counting of cars and also the calculations of speed in that area - some drivers with maximum speed were detected from the incoming direction was 78kph and 98kph from the outgoing direction - almost twice the legal limit.

And amazingly, over the 23-day period from 27 May to 28 June 2021, the device recorded data from 30,826 incoming vehicles and 30,235 outgoing vehicles! That’s a lot of vehicles and traffic for our small village, and that was in 2021!

In and around 2020, suggestions about speed platforms, speed blisters, etc. were discussed with NVC staff but the funding for these changes would amount to some \$30,000 – we have done quite a bit of research but as we are a S355 Committee of Management of Council, VBCA is not eligible to apply for most road safety grants.

Council is currently going through its financial budget for 2026-2027 and in my recent letter to them, I have urged for this particular project be put at the forefront of Council’s mind in relation to projects in Valla Beach as it is such a safety issue.

Let’s aim for something to be done about this sooner rather than later. VBCA need your support in relation to this and I would encourage all who are concerned about road and pedestrian safety in this area, put pen to paper and contact Council.

Please send your concerns to the General Manager, Mr Bede Spannagle, the Mayor Gary Lee, Keith Williams NVC’s Traffic Committee and our NVC S355 representative, Councillor Susan Jenvey – PO Box 177 Macksville 2447 or bede.spannagle@nambucca.nsw.gov.au”

Carole Andersen

Valla Community Preschool returns to Jagun

“The Yamaar (fish) class is returning to the Jagun Nature Reserve for Wawaa Guul (Bush School). Over the last few years we have asked the children about what they love about bush school and the responses are so beautiful.

Some include:

K- “The bush is where I feel the best and happy”.

R- “I love going on bush walks and seeing all the insects and bugs”.

O- “We wish we could go to Wawaa Guul every day, but sometimes we go to Preschool as well”.

J- “Bush is magical and wonderful and beautiful”.

Some of the children and educators have raised concern about something, and we wanted to rally the community in our research and learning of this. When we go to Jagun Reserve there is often lots of dog poo left around. As the land there is sand and dirt at times, they can be hard to see. Educators do our best to do a check and remove what we can see. The children have asked for the community to help as they don't want to play near or tread in dog poo.

It takes a village, so let's band together and do our best to keep the children of the community safe and have spaces to play freely. The Yamaar class is making a small sign that we will leave at the Reserve letting the community know we will be there for term 2. Next term you may see us at our base camp at Jagun reserve exploring and teaching the children about nature as well as being on Gumbaynggirr Wajaar. We will be joined by Aunty Bee who will further this learning and connection with Country. Feel free to say hello as you enjoy this lovely place we call Valla Beach.

The Preschool also has working bees once per term to rejuvenate our Preschool space outdoors. These are opportunities for community to get involved also. Our next one is Sunday 14 June from 8am-10am if you wish to join us.

Thank you so much from the Yamaar class and the whole Preschool.”

Terese



ACE FM 87.8 – Your local Valla Beach Radio Station

“Good music. Great company. 24 hours a day.

Looking for the perfect soundtrack to your coastal day? ACE FM 87.8 is your relaxed local station, delivering a smooth mix of easy-listening tunes, classic hits, and timeless favourites — all curated with care to bring joy and nostalgia right to your home, beach, or backyard.

We're on air and streaming 24/7, with laid-back vibes as refreshing as a sea breeze. Whether you're starting the day, unwinding, or enjoying the weekend, we've got the music that fits the moment perfectly.

Here's a sneak peek at some of our featured programs:

Weekdays 7:00am – Wake Up To Breakfast with Kevin Graham

Your gentle morning companion — a mellow mix of music and light moments to ease you into the day.

Mondays & Tuesdays 9:00am – Hits and Memories with Russell Thornton

Three hours of beloved vocalists and cherished tracks from yesteryear.

Thursdays 12:00pm – Tracking The Decades with Garry West

A fun, nostalgic trip through the hits that defined each era.

Friday Mornings 9:00am – Sentimental Friday with Stuart Macdonald

A heartfelt trip down memory lane — rediscovering songs you thought you'd forgotten, full of warmth and wonderful memories.

Friday Evenings 6:30pm – Alan Bidner's World of Music with Alan Bidner

A diverse musical journey showcasing global sounds and hidden gems.

Saturdays 8:00am – Straight Down The Middle with Russell Thornton

Smooth, easy tunes — perfect for your Saturday golf swing, stroll, or lazy start.

Saturday Afternoons 12:00pm – Ray Stuart On Saturday Afternoon with Ray Stuart

Keeping your weekend energy flowing with great selections and good company.

Saturday Evenings 6:30pm – Classic Hits And Love Songs with Stuart Macdonald

The ideal way to close out your Saturday — romantic favourites and heart-stirring classics that touch the soul.

No hype, no fuss — just wonderful music from presenters who truly love what they do.

ACE FM 87.8 – Proudly serving Valla Beach. Tune in. Turn it up. Let the music move you.”

Barry Parsons



2NVR 105.9fm – Radio Nambucca Update

“The year has started on a high note at 2NVR, with long-time presenter Ceri Wrobel receiving the Nambucca Valley Council Australia Day Cultural Award — a fantastic and well-deserved recognition to kick off 2026.

A fresh group of Radio Trainees are now learning the ropes and will soon be launching their own programs. To mark the seasonal program refresh, members gathered for a morning tea at Belwood Park, where new presenter Celeste Howden was awarded her competency certificate.

If you'd like to get involved in any capacity, we'd love to welcome you. Simply email admin@2nvr.org.au to register your interest.

Studio 3 Live – Free Monthly Entertainment

Join us on the third Friday of every month, 6–8pm, at 834 Rodeo Drive, Tewinga. Bring your own drinks and nibbles — it's always a great night. Or tune in on 105.9fm or stream via 2nvr.org.au.

Upcoming Performers

April 17 – Seasoned musician Richie Gudgeon shares the stage with talented young gun Adam Ramsey.

May 15 – Local award-winning country singer Dianne Coombes brings her beautiful voice and heartfelt lyrics.

Sports & Outside Broadcasts

From April 18, Donna Collins returns with coverage of the Group 2 Footy season. She'll also be coordinating an Outside Broadcast at the Macksville Show on the same day — a big day for Donna.”

2NVR



Ceri receiving her award

Anzac Day

“ANZAC Day is a national day of remembrance in Australia and New Zealand held every year on April 25. It honors the members of the Australian and New Zealand Army Corps (ANZACs) who served and died in wars, conflicts, and peacekeeping operations.

Valla Beach does not have its own RSL sub-branch or dedicated ANZAC Day service site, but residents typically attend commemorations at the Nambucca Heads RSL. Check rslnsw.org.au closer to the date for further details.”

Reminders

Daylight saving time begins each year at 2:00am on the first Sunday of October and ends at 3:00am on the first Sunday of April.

This year, don't forget to set your clocks back one hour on Sunday, 5 April!



In Australia, **Mother's Day** is celebrated on the second Sunday of May. This year, it falls on Sunday, 10 May. Happy Mother's Day to all Mums!



Easter. In 2026, Good Friday falls on 3 April while Easter Sunday falls on 5 April.



Disclaimer:

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Valla Beach Community Association

Please support these wonderful businesses who support VBCA and your Valla Views

Possum's Tuckerbox is situated within Valla Beach Holiday Park
Open 7 days a week from 8.30am to 1.30pm - Hot & Cold drinks;
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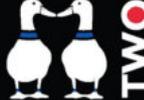
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