

Valla Views

Valla Beach Community Market

Saturday 5 April 8am to 1pm
Valla Beach Reserve »» Just Follow the Signs

Free Family Arts and Craft activities with Phillida and Book Reading with Sue. Lots of Puzzles, Games, Books and Art Activities. Kids can join an **Easter Egg hunt**, starting around 9.30am.

Hulistic Hoops With Jesse 9am to Midday. Demonstrations and Impromptu Lessons.



Come along and enjoy live music from our new community stage!



Live Music

Charlie Davis is a dynamic vocalist who has a growing list of catchy originals including singles 'Jessica' and 'Our Hearts Our Minds'. Charlie performs using a range of genres evident in his songwriting and his unique takes on classic songs including covers of Coldplay, Radiohead, Stevie Wonder, Chris Isaac and many more.

Local Produce, Food and Drinks, Art and Craft, Clothing and Plants. Plenty of Parking. Dog (on lead) Friendly Venue.



Face Painting with Grace, the Painting Pixie!



Major Market Sponsors

- * Nambucca Valley Council
- * Valla Real Estate
- * Valla Lions Club
- * John Elliott (Prickle Patch Signs)
- * MasterHire Coffs Harbour
- * MAWAW - Men And Women At Work
- * Two Lucky Ducks - website design
- * Zeny's Photo Centre (Copy Centre)

Please support our sponsors above as well as our wonderful support businesses on Page 10



Valla Views is a Project of the Valla Beach Community Association

Want to receive Valla Views by email?
Go to vallabeachmarkets.org.au/valla-views
And sign up!

Market opening times:

6am for stallholders to enter site for setup; 7am for community tent stalls; 8am for customers; Trading till 1pm (no pack up before 1pm)

Cost for sites: (3m x 3m) \$30
Community Tent (chair and table under marquee) \$15
Casual insurance \$10 (\$5 for community tent)
Food stalls \$50 (+\$10 for power)

All enquiries: Peter Sobey
vallabeachmarkets@gmail.com

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Contact for Valla Views Newsletter: Call or text Carole 0413 611 531 Email: vallaviews@gmail.com
Deadline for June 2025 Valla Views: Wednesday 21 May

Valla Beach Community Association Report

“Our recent public meeting, on 3 March, proved to be popular with several agenda items of particular interest to the community.

The intersection of Valla Beach Road with Giinigay Way continues to cause concern as accidents appear to continue at a greater rate than before the Give Way signs were installed.

I say “appear” because the Police and Transport for NSW (TfNSW) have not been forthcoming in providing accident statistics for the intersection and so we only have anecdotal evidence.

TfNSW have repainted the lane markings and have also installed cameras to record the intersection so there has been some response to our stream of letters and emails. They have also committed to reviewing the whole of Giinigay Way, which is a good thing. The speed limit has been temporarily lowered from 90kph to 80 kph, which goes part way to addressing what is the most common suggestion from the public, that is, to reduce the speed to 60kph.

Giinigay Way is a State road so you are encouraged to direct letters to TfNSW in order to effect change.

An ongoing concern is the issue of dogs on the beaches, in particular, keeping dogs away from the estuary areas where the endangered shore birds nest.

The other issue that continues to be raised is that of 4WD access to the beaches. There are currently, I believe, no beaches in Nambucca that are 4WD free, although a Council permit is required. The Terms of Reference for the Councils Vehicular Access To Beaches Committee is currently under review so now is a good time to look at, perhaps, making Valla Beach, between the Oyster Creek and Deep Creek estuaries, 4WD free.

We live in a beautiful part of the world and I am sure we all want to protect our natural environment. We may not always agree on how to go about it but the important thing is, when we do disagree, to do so respectfully. And if the other person continues to drive their 4WD into the sand dunes, or the dog owner continues to let their dog chase shore birds, or a dog owner leaves dog poo in a public area, don't be the one getting upset and shouting abuse. Get out your phone, take a picture, and report the incident to the Council using the Antenna App.

We are all trying to get by in this crazy world. It always pays to be kind.”

Peter Sobey
President and Treasurer
Valla Beach Community Association

***The next VBCA General Meeting will be held on Monday
30 June 2025 at 7pm in the Valla Beach Community Hall.
All are welcome.***

Valla's Kaitlyn Forrester Shines in Lions Youth of the Year Competition

“Local Valla student Kaitlyn Forrester, a Year 11 student at Nambucca Valley Christian Community School, recently represented the Valla Lions Club in the prestigious Lions Youth of the Year competition.

While she narrowly missed out on the overall title, Kaitlyn made a lasting impression by winning the public speaking component with a heartfelt speech about her inspiring grandfather, who is blind.

The competition, which showcases the talents and leadership potential of young Australians, challenged Kaitlyn in multiple areas. Alongside her prepared speech, she also had to tackle two impromptu speaking tasks, submit a written application, and participate in a formal interview.

Reflecting on the experience, Kaitlyn expressed her gratitude for the opportunity and the skills she gained along the way.

“It was nerve-wracking but also incredibly rewarding. I loved sharing my grandfather's story and learning from the other contestants,” she said.

Despite not taking home the overall award, Kaitlyn is determined to return next year and give it another shot. With her talent and determination, she is sure to be a strong contender in future competitions.

A huge thanks to the Valla Lions Club for supporting young people in the valley to participate in this event.”

Kim Thomson

Want to know more about Lions and especially Valla Lions?
You can contact us on 0417 161 418 or 0418 452 537.
Or email us on valla@lions201n1.au
See you all at Valla Markets!



Valla Locals Honored in National Celebration Day Awards

The work of Valla locals Carole Andersen, Rosie Squibb and Darren Squibb has been recognised in the Nambucca Valley 2025 National Celebration Day Awards at a ceremony at Nambucca Heads RSL on 25 January.

The recipients received their awards from the Member for Cowper Pat Conaghan and this year's Australia Day Ambassador to the Nambucca Valley, former NRL star and champion of higher education for disadvantaged youth, Corey Payne.

Citizen of the Year Carole Andersen was recognised for her community work that began in 1979 when she helped to form a children's playgroup at Valla. In 1983 she held committee positions with the Nambucca Heads Preschool; was coordinator of the Nambucca Heads Playgroup; and was Secretary and the local Championship organiser of the Nambucca Heads Tennis Club.

Since then some of Carole's contributions to the community include: Being the Nambucca Heads Public School P&C Committee President; working with the Nambucca Heads Primary School helping develop children's motor skills, reading to children, and volunteering in the canteen for many years; founding the Nambucca Shire Safety House Committee where she oversaw 170 safe houses and businesses for 12 years; forming the Nambucca District Junior Tennis Branch, where at various times over 150 children were involved.

In 2010 Carole joined the Valla Beach Tennis Club and is still Secretary today. She liaised with Council to maintain the facility; resurfacing of the courts and registration of members with Tennis NSW.

In more recent years, Carole joined the Valla Beach Community Association of which she is currently Secretary.

Rosie Squibb was awarded Services to the Community Award for her extensive volunteer work. She has been a volunteer for the Nambucca Valley Conservation Association for the last 15 years, and has supported NVCA in all its campaigns.

Rosie has also been a volunteer member for WIRES for the past 11 years. When an injured animal is reported to Rosie, as a key consultant and Carer for WIRES, she makes herself available, 24 / 7, to participate in the rescue and care of such animals.

Rosie has achieved this work for the community while also running her successful Accountancy business.

Darren Squibb was awarded the Environmental Award, supporting the Nambucca Valley Conservation Association by collecting rubbish from roadsides into his bicycle trailer, then sorting returnable bottles, cans and plastics. He has a trailer at his Valla Beach home where local residents leave refundable bottles and cans to be transported to Coffs Harbour recycle station. All money received is donated to the Australian Koala Foundation.

He has also been a volunteer member for WIRES for the past 11 years. Darren's WIRES volunteering raises awareness about the constant challenge's native animals face, working tirelessly promoting WIRES work, and rescuing and rehabilitating sick, injured and orphaned animals.



*Pat Conaghan Carole Andersen and Corey Payne
Picture Credit: Mick Birtles/News Of The Area*

Concern About Dogs and Four Wheel Drive Vehicles on Valla Beach

The General Meeting of the Valla Beach Community Association on 18 November 2024 heard community concerns about the number of dogs in dog free areas of South Valla Beach and around the Thompson Street Carpark. The area is habitat for threatened shore birds such as the Pied Oyster Catcher and Beach Stone Curlews.

Councillor Susan Jenvey, who attended the meeting, was asked to look into the erection of clearer "No Dogs" signage and to also look into the issue of more Ranger patrols.

As a result Nambucca Valley Council resolved at the meeting on 19 December 2024 that it will:

Erect a stand-alone No Dogs On the Beach sign for the Thompson Street Carpark at South Valla, similar to the sign at Shelley Beach, Nambucca Heads.

Request National Parks and Wildlife Service put on a 'Share The Shore' program to disseminate and educate the community on the plight of the regions shore birds and reiterate information on places to walk your dog on leash and off-leash.

There is also significant community concern about four wheel drive vehicles on Valla Beach. This issue is yet to be addressed by Council.

Coastal Erosion after Alfred

"An ABC headline read 'Ex-Tropical Cyclone Alfred Gouges 500km of Coastline'. From what I could see erosion at Valla Beach could have been worse.

The significant erosion I saw on my walk after the weather cleared was the beach at the bottom of Thompson Street and the seaward base of Old Man's Hat which is now just boulders. The sand will return at some stage.

In the early 1960s sea surges severely eroded the frontal dunes of North Beach and almost broke through to the swales behind. Is it North Beach, or 'Boatshed Beach', the name used by Mr Sharman who owned the land where Jagun Nature Reserve sits. An old Lions' history booklet calls it 'Letterbox Beach'. But Mr Sharman pointed out that there were no houses there, but there used to be a boatshed. I wonder what the Gumbaynggirr name was?

Millba (Deep Creek) is steadily nibbling away at Valla Nature Reserve just upstream of the mouth. More erosion occurred, but no major changes from Alfred.

Deep Creek has pushed northwards recently, the estuary itself is extremely dynamic being an ICOLL (Intermittently Closed and Open Lakes and Lagoon). In 2017 a sand barrier closed the river and council eventually bulldozed an opening to the sea. Council would not intervene unless the water level rose too high (risking flooding) or water quality deteriorated dangerously, as opening a river can result in a rapid release of water resulting in oxygen depletion, and fish kills.

Our beautiful estuary should be a safe space for migratory waders who are doing it tough. Yet dogs are still being let loose there! Rangers must start fining dog owners. Please Council, take action."

John Bennett



Excellent Turnout for Kalang River Classic

"Organisers of the Kalang River Classic have hailed the 2025 event a huge success.

Perfect weather and river conditions greeted the over 150 participants as they arrived early on Saturday, February 23, to take on the not insignificant challenge of paddling the 15 km circuit around Newry Island at Urunga.

The race event is held every two years in February and is open to all non-powered watercraft. The course takes approximately 2 hours to complete and according to the organisers, the Kalang River Dragon Boat Club, it is a challenging event that is personally rewarding and it is great fun to be involved.

'Cash prizes are awarded in all categories and each year the event has seen an increase in entrants with this year being no exception with good numbers registered in all categories. The next Classic is planned for 2027.'

Fran Stephenson



Major Party Politics is Failing Us



People often ask me, 'What are your top three policies?'

It's a good question, one that becomes easier to answer the more I speak to people. Everywhere I go, people talk to me about the rising cost of living, the failures in our healthcare system, and their concerns about the future we are leaving for our kids.

We need to meet these challenges head-on by:

Cracking down on price gouging and anti-competitive behaviour by supermarket, energy, and airline duopolies.

Redirecting public funds from wasteful corporate subsidies to the essential services our community needs—like healthcare, housing, and local infrastructure.

Supporting the next generation by building a housing system that is accessible to everyday people and taking real action on climate change.

It's also critical that we move beyond the short-term politics that has come to dominate government decision making. One of my passions is preventative healthcare—because our system should focus on keeping people well, not just treating them when they get sick.

Major party politics is failing us.

The major parties, who have caused these problems, are unwilling to fix them.

They take millions from the same corporations hiking grocery prices, power bills, insurance, and mortgage rates. No wonder they won't stand up to them.

I'm running as an independent because we deserve better. I believe in a government that works for you—not party factions or their corporate donors.

I've been overwhelmed by the thousands of conversations, ideas, and feedback from this community. If we haven't spoken yet, I'd love to hear from you.

Authorised by C Heise, Coffs Harbour NSW 2450

This is a paid advertisement.

Valla Beach, Through The Eyes of Children

At Valla Community Preschool we have some research questions:

What kind of world do we want to live in? What kind of people do we want to be?

Let's start with our own community. People from all over Valla Beach know about this place and engage with each other to consider how to make Valla Beach what they want it to be. They meet and talk about Valla Beach, they develop future plans for Valla Beach, but almost always, we hear only the opinions and ideas of adults.

What about children? Are children citizens of Valla Beach?

Well, yes, but we don't often think of them as having the capacities we expect of citizens, and we don't often include their voices in civic conversations. But what if we changed that framework? Instead of viewing them as younger, cuter, future versions of citizens, what if we saw them as citizens now, capable of making meaningful contributions to their communities?

At Valla Community Preschool we have started on a journey this year, to firstly tell us what they think of our community - Valla Beach. So far, we have asked them to share their ideas in order to help other children (and adults) learn about what is important about Valla Beach from their perspective. What we have found is that their thinking is considerate, informative, and sometimes surprising.

During a local walk we offered children cameras to capture their thoughts about Valla Beach.

Matari: (took a photo of a flower). Beautiful!

Jamie: ... beautiful flowers...

A'isha: So many beautiful things we see at the park.

Taytum: ... the beautiful house (referring to the toilet block in Anderson Park!).

Lucette: The grass. Grass makes it so beautiful.

Florence: ...and feathers. This one is beautiful. The birds!

Joshua: Flowers are beautiful. I will show this to my Mum.

Michael: I found this beautiful bead!



Back at Preschool, we considered what we know and love about Valla Beach.

Ginger: The trees, and the animals in Valla Beach.

Kalypso: The beach is a special place.

Milli: We have to look after the dolphins at the beach. Maybe if you take your dog it will scare them.

Lotte: The gaagal and the sea creatures.

Millie: Like we should take care of the ocean and not put rubbish in it because if a fish eats it, they could get sick and die. If they eat plastic, they do get sick and die. And turtles, when they come up on the sea, they see rubbish and they think it's a jelly fish and they eat it, and then they can die.

Luka: You read my mind. It's because if all of the stuff in the ocean was gone, the coral and the snacks that they ate would die. Then the fish would die, then the sharks would die.

Millie: Then no one could go to the beach again.

Lotte: Then how would I cool down on a hot day?

How might we help children imagine their futures as active members of our community?

Phillipa



Aston's Story "Can you tell me a bit about yourself and your background?"

My name is Aston, I am 16 years old. I lived out at Taylors Arm and moved to Bowraville. I've spent a lot of time on Central Coast for holidays. I have two siblings, one older and one younger.

What do you enjoy doing in your free time? Love playing sports, cricket and footy.

What do you love about the Nambucca Valley? The beaches.

Can you share a challenge you've faced in your life? How did you overcome it and what did you learn from the experience? School was my challenge. I completed year 10, ignoring the negative comments from others. I learnt that school wasn't really my thing.

Do you have any role models or mentors who have influenced your life? Family, I look up to them every day.

How long have you been with ShoreTrack and what have you learned or gained by being part of the ShoreTrack team? I've been with ShoreTrack for 1 year and half. I've gained everything, welding, grinding, fencing, driving a car, excavator and zero-turn. Now I'm a trainee here.

What are your goals for the future? Find a job and be a better person.

If you could give advice to other young people, what would it be? Don't give up in life.

Would you recommend ShoreTrack to other young people and why? Yes, because it's a great place to learn."

Jessie Cowan
Education Coordinator
ShoreTrack



Valla Beach Road Intersection Update—28 February 2025

In response to ongoing community concerns about crashes at the intersection, Christine Murray from Transport for NSW provided the following update.

"Transport for NSW installed traffic monitoring cameras and completed speed surveys in September/October 2024.

A review of the intersection's captured vision identified one recorded crash and a number of safety concerns as a result of poor driver behaviour. Issues included illegal U-turns, excessive speed when using the slip lane, and driver confusion at the intersection.

Transport has developed an initial package of additional safety improvements, including signage, line marking and delineation, with both Nambucca Valley Council and NSW Police supporting the changes.

Designs for these improvements have now been finalised and the first stage of the line marking was completed on Monday 10 February.

Transport will be installing new line marking on Giinagay Way around the intersection and new lane separators on Valla Beach Road in March.

New signposting on Giinagay Way prior to and at the intersection is expected to be installed next month as well.

Variable Message Signs (electronic traffic signs that display information) were installed during February either side of the intersection to advise motorists of turning traffic and to slow down.

On 21 February 2025 a temporary 80km/h speed zone was implemented while Transport completes a speed zone review on the full length of Giinagay Way.

We are planning to install traffic monitoring cameras again in mid-April to coincide with school holidays and the Easter long weekend.

Transport has started investigations into other, longer-term safety improvements and will update the community on next steps when these investigations are completed."

Christine Murray
Transport for NSW

2NVR 105.9fm Radio Nambucca

"2NVR continues its facelift, inside & out with fresh paint to brighten your community radio station.

Fitzroy has done a great job working around the Presenters 'on air' & working in the office, mowing & all the jobs required to keep a full time radio station going.

If you have trouble tuning in, you can listen to the live stream on 2nvr.org.au or Community Radio Plus, a free app that allows you to listen to any community station any time, anywhere.

You might be interested in becoming involved, including as a radio presenter. Email amin@2nvr.org.au to find out more.

'Studio 3 Live' is 2NVR's monthly live music show, it's been recognised nationally & you are invited to come along. It's on the 3rd Friday of every month, 6-8pm, it's free & you can BYO drinks & nibblies.

Next Studio 3 Live events:

April 18th - showcasing Blues musician Ethan Stewart who will be joined by Grant DW Barnes on the Blues harp. Ethan Stewart is a rising star in the world of blues music who has been captivating audiences with an old soul sound and a passion that transcends his years.

May 16th - 'The Redeemed' from Bellingen. Raw country blues rock to save your wretched soul."

Ceri Wrobel

Nambucca Valley Evening Branch
Country Women's Association

Visit our CWA stall at Valla Markets
Saturday, 5th April 2025
8am - 1pm

Come Say Hi!

Delicious homemade treats and beautiful crafts!

Country Women coming together to support their community and each other.




Nambucca Valley Evening Branch
Country Women's Association

Meet 2nd Tuesday, each month
6pm @ Macksville Ex-Services Club

Country Women coming together to support their community and each other.

We welcome all women to join our branch and look forward to meeting you soon.

Email: secretarynve@gmail.com
or send us a message in Facebook



Community Resilience and Defibrillator Update

"While we managed to avoid most of the disruption and flooding that Cyclone Alfred brought down on the coast a few weeks ago, it reminds us we all have to be prepared for the next extreme weather event that may come our way.

The free VBCRT-organised community legal education session on 25 February at the Valla Beach Community Hall, run by Patrick from the Mid North Coast Legal Centre, was well timed.

The session, "Legal Issues in a Disaster. Are you ready?", reminded the 25 attendees to check their Product Disclosure Statement and Certificate of Insurance to fully understand what is and is not covered by their policy. The session also covered tips on how to be prepared in case you need to make a claim; how to spot potential legal issues; what to do in the event of a complaint or dispute; and where to get help.

Mid North Coast Legal Centre is an independent, not-for-profit organisation that offers free legal services, including information, advice, advocacy and education. With offices in Port Macquarie and Coffs Harbour MNCLC can be contacted on 02 6580 2111 or info@mnclegal.org.au Further information is available at www.mnclegal.org.au

Defibrillator Update

All our community defibrillators are going to need replacement batteries and pads in the next few years. We are starting to raise the funds required so we will be collecting at the entrance to the Markets as we will need around \$500 for each of the seven defibrillators. Please bring your loose change along to put in the boxes as every little bit helps. And look out for a special prize draw on the day!

I will be at the Markets if anyone would like more information."

Pat Greenwood



Defibrillator Locations in Valla Beach

Touch Footy Championships Return to Coffs

"Touch Football Australia (TFA), in partnership with Strategic Sponsor Destination NSW and City of Coffs Harbour, has confirmed that the 2025 DoorDash National Youth Championships (NYC) will be hosted at C.ex Coffs International Stadium, Coffs Harbour for the second consecutive year from Wednesday, 1 October to Saturday, 4 October.

Australia's national junior championship Touch Football event, the NYC is one of two premier national events on the Touch Football calendar – alongside The Championships, for adult participants, hosted in March – attracting up to 7,000 attendees and contributing over \$5m of economic benefit to the NSW and local economy.

With both events taking place in Coffs Harbour in 2025, the Mid-North Coast region continues to lay its claim to being the spiritual home of Touch, City of Coffs Harbour Mayor, Nikki Williams said.

The event's return to Coffs Harbour in 2024 coincided with NSW Combined Independent Schools (NSWCIS) winning their first-ever NYC title in the 18s Boys and NSW Combined High Schools (NSWHS) crowned champions in the 18s Girls for the first time since 2017.

The 2025 DoorDash National Youth Championships is being held at C.ex Coffs International Stadium in Coffs Harbour, NSW from Wednesday, October 1 to Saturday, October 4. Entry is free and all are welcome to attend.

Chris Knight, Senior Media Officer, City of Coffs Harbour

Reminders

Daylight saving time begins each year at 2:00 AM on the first Sunday of October and ends at 3:00 AM on the first Sunday of April. This year, don't forget to set your clocks back one hour on Sunday, April 6!



In Australia, **Mother's Day** is celebrated on the second Sunday of May. This year, it falls on Sunday, 11 May. Happy Mother's Day to all Mums!



In 2025, Good Friday falls on 18 April while **Easter Sunday** falls on 20 April.



Nambucca River Realty Returns

"Hello, I'm Chris, and I'm excited to return to real estate after taking a break to focus on my family. As a resident of Valla Beach for over 20 years and with more than 14 years of experience in the Valla Beach real estate market and surrounding areas, I'm here to help you navigate your real estate journey. Whether you're looking to buy your dream home or sell a cherished property, my goal is to make the experience rewarding and stress-free.

Real estate is more than just a transaction; it's a personal journey and one of the most significant milestones in life. I have a strong connection to the area and a commitment to transparency and integrity in all my dealings.

If you have questions about the market or require a free, no obligation property appraisal, I'd love to chat. Let's explore your real estate goals together!"

Chris Vincent - 0412 751 050

A Big Thank You

VBCA would like to thank MI Organics for their generous contribution of a complimentary bale of sugar cane mulch for the south garden at the corner of Giinagay Way and Valla Beach Road.

Your support means so much to our community!

A big round of applause also goes to our 'green thumbed' volunteer, Lynette Gwilliam, who worked swiftly to spread the mulch just in time before the rains arrived.

Many thanks to MI Organics and Lynette.



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Possum's Tuckerbox is situated within Valla Beach Holiday Park
Open 7 days a week from 8.30am to 1.30pm - Hot & Cold drinks, Burgers, Fish & Chips - Open for Pizzas Thurs, Fri & Sat nights from 5pm to 7pm - Fish & Chips Sun & Mon 5.30- 6.30pm -
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Liz Hunter-Henderson is offering a counselling service for women, in a tranquil space overlooking the ocean at Valla Beach. If you have any issues or challenges you would like to discuss, please email or call me to make an appointment.
Mobile: 0406 488 596
Email: ehhcounselling@gmail.com

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Valla real estate
Valla Real Estate is a highly professional Real Estate team who live in and are part of our beautiful local community, Valla Beach.
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