



Valla Views

A Project of the Valla Beach Community Association

Valla Beach Community Market

Saturday 1st February 8am - 1pm



Valla Beach Reserve

Live Music



Yhan Leal

This Colombian born, now Bellingham based singer songwriter prefers not to define his musical identity, but rather keep improvising and experimenting at every show. From foot tapping rhythms to sonic splashes of emotions, Yhan channels the healing power of music to bring people together.

Come along to our February Market. Enjoy relaxing with a coffee and listening to some great music

You can also attend the official opening of the new Valla Beach Footbridge and the Valla Reserve Stage at 11am



Hulistic Hoops with Jesse - 9.00am to 12pm. Demonstrations and impromptu lessons. Come along and enjoy.

Free Family Arts and Craft activities with Pat. And Book reading with Sue. Lots of puzzles, games, books and art activities.

Market opening times:
6am for stallholders to enter site for setup; 7am for community tent stalls; 8am for customers; Trading till 1pm (no pack up before 1pm)

Cost for sites: (3m x 3m) \$30
Community Tent (chair and table under marquee) \$15
Casual insurance \$10 (\$5 for community tent)
Food stalls \$50 (+\$10 for power)

All enquiries: Peter Sobey
vallabeachmarkets@gmail.com

MAJOR MARKET SPONSORS

- * Nambucca Valley Council
- * Valla Real Estate
- * Valla Lions Club
- * John Elliott (Prickle Patch Signs)
- * MasterHire Coffs Harbour
- * MAWAW - Men And Women At Work
- * Two Lucky Ducks - website design
- * Zeny's Photo Centre (Copy Centre)

Please support our sponsors above as well as our wonderful support businesses on Page 10



FUN TIME



"Amy's Fancy Faces"
face painting
8.30am to 12.30pm

To help keep everyone safe sanitiser will be available throughout the Market

Valla Beach Community Association Report

“Our new stage proved to be a great success at our December market and our Christmas Family Evening. In addition, the Nambucca Valley Council has opened the new Valla Footbridge to the public and it is a hit with locals and visitors alike.

So, at our market on Saturday, February 1st, at 11:00am, we will have a short official opening of the stage and the footbridge. We will have some short speeches and cut a ribbon but the main purpose of the opening is to thank all the people who contributed to bringing these community asset projects to fruition for the benefit of all of us.

A (not exclusive) list includes the members of the VBCA who envisaged the idea of the stage and worked on grant applications and wrote letters and rang Council and persisted for over four years.

Also the Council staff, who submitted grant applications, chased down all the regulatory requirements, and supervised the physical works, making sure that we built a structure which would last for many decades.

Thanks to the NSW State Government for granting us a large part of the money for the project.

And also thanks to the many local and not-so-local people who come to our market which allowed us to have the financial reserves to make the project a reality.

It is great to be part of a team that works to make this little patch of paradise a better place for everyone. If you would like to be involved please contact us, by phone or email, or “in real life” at our market information stall.

The January Valla Expressions art show was a great success with the only problem being that our little hall is, well, a bit small. Perhaps our next project can be to build a new hall, or extend our existing one? Would you like to be involved?”

Peter Sobey
President and Treasurer
Valla Beach Community Association



The next VBCA General Meeting will be held on Monday 3 March 2025 at 7pm in the Valla Beach Community Hall. All are welcome.

Cans for Koalas, Bottles for Boobooks

“Cans for Koalas, Bottles for Boobooks’ Campaign continues to flourish as expected with the warmer weather this time of year.

And so again, I’d like to take this opportunity to thank everyone who has contributed to this cause.

If you haven’t yet but wish to do so you can drop your bottles and cans off anytime into my Sea Shepherd trailer out front of 74 Seaforth Drive, Valla Beach. All funds raised going towards local & regional not for profit koala & wildlife groups such as Forestry Ecology Alliance, Linda Sparrow’s Bangalow Koalas, Lismore’s Friends of the Koalas.

If you’re unsure which containers are suitable, just check for the 10 cents symbol by the bar code on the label.”

Darren Squibb



Valla Beach Bushcare Group Update

Soft, Furry and Native – eek it's a Rat!

“But it's our Rat - a native Bush Rat, I saw one scampering across the trail in Jagun Nature Reserve early one morning. I could tell it wasn't a feral rat, he was smaller, stockier, with a short tail. He took off so quickly I could not take a photo, but that's probably a good thing for a small, furry, mostly nocturnal animal who wants to survive in habitat with foxes and sometimes feral cats.

Rat is a terrible word for a native mammal. It's estimated that around a quarter of all Australian mammals are rodents. The Bush Rat, *Rattus fuscipes* has conspicuous rounded ears and a short tail. They live in forests, woodlands and heath, preferring the dense forest understorey, sheltering in short burrows under logs or rocks and lining their nests with grass. They are not found often in urban areas. They are omnivores, eating fungi, grasses, fruits, seeds and insects.

These furry creatures are found in Queensland, New South Wales, Victoria, South Australia and south-western Western Australia, but, as with many native species, their numbers are declining from feral predator predation, poisoning and habitat loss. However, a recent study in the North Head sanctuary in Sydney has found that they can outcompete the pest rats, and take back their territory if allowed.

These shy creatures rarely move in to human houses, but are sometimes found around sheds and rural properties. In this area we have two other related natives, the Swamp rat and the Water rat or the mighty Rakali, known to kill cane-toads.

So, keep an eye out near dawn and dusk for these furry creatures, and please keep cats inside at night to help us protect them and all other wildlife we are so fortunate to have.

If you are interested in learning more about our native rodents, try this website:

<https://www.abc.net.au/news/science/2022-09-03/australian-native-rodents-origin-and-evolution/101394490>

KOALAS Make Home in Valla Nature Reserve

The first koala recorded in many years was recently spotted in Valla Nature Reserve. They were previously thought to be long gone. This is a fantastic sign of the health of the reserve. With the recent NO DOGS campaign in Valla Beach by NPWS and Nambucca Valley Council, we have seen a reduction in locals taking their dogs in to the park. Thanks to everyone who cares enough about our beautiful nature reserves and abides by the rules to help protect these iconic species.

And... while I was preparing this, I heard a noise and went outside to find a tiny Feathertail Glider struggling to get out of a bucket. I was able to rescue this minute mammal and release him for a future – made possible if dogs are kept from our precious Nature Reserves which are his home.”

Bronwyn Rodden
Member, Valla Beach Bushcare Group

Become A Volunteer Bush Regenerator

If you would like to join Valla Beach Bushcare Group to help keep Valla and Jagun Nature Reserves beautiful, we meet on the second Monday of each month and work from 8:30 -11:30 AM please contact Lyndy Rees, NPWS Ranger, on PH: 02 6652 0900 or email: | lynn.rees@environment.nsw.gov.au



A Native Bush Rat



A Pest Rat



Valla Community Preschool - a Reminder From Phillipa

Valla Preschool will be hosting a Family Day on Friday 31 January from 10am—1pm.

Children start back at preschool on Wednesday 5 February.

22 Valla Beach Road 02 65 695 274

admin@vallapreschool.com.au www.vallapreschool.com.au



Nambucca Environment Network (NEN) Pesticide Concerns

“There are a number of small pockets and groups of people all around the Nambucca Valley who are concerned with the ‘intensive farming’ that is invading us. The ‘intensive use of chemicals’, tree removal and land destruction is of major importance and anyone who cares about the land and rivers in particular is not too happy about what is happening.

Those of us who live nearby or have the farms around us being bought up for this sort of agriculture are worried. NEN was formed in November 2023 to try to address the many issues that are currently being felt by home owners concerned about the escalation of these farming procedures.

As over-use and misuse of chemicals and fertilisers in berry horticulture on the North Coast has been shown to have disastrous health effects on both the environment and people, NEN is extremely concerned about this. The effects of chemicals from the past banana industry in the Coffs Harbour region, both on human health and the environment is well documented (particularly with regard to Hearn Lake) and this is just another horticultural industry, probably different chemicals in use but one can imagine the outcome can be expected to be the same. This is not the outcome we want for the valley now or in the future and unfortunately some of these chemicals have a long life in the soil and in waterways.

If you are interested but have little knowledge, take a look at pesticideaction.org.au as they have done all the work for you and you can just sit back and be educated. You can contact NEN via our email nambuccaenvironmentnetwork@gmail.com or go to NEN Facebook to find out more about what’s going on.

Another issue that NEN is keen to bring to the forefront of people’s minds is the exploitation of foreign workers in our Valley. It is highly likely you are unaware of it occurring but surely you have noticed the numbers of foreigners in the towns and surrounds of our valley, as the picking season arrives on the berry farms. Unfortunately for many of these workers, even though some of the berry farmers do treat them nicely, most are underpaid (wage theft) and work & live in less than ideal conditions.

Call 1800 FREEDOM (1800 3733366) or email antislavery@dcj.nsw.gov.au for confidential support and assistance from the NSW Anti-slavery Commission.

If you are unsure of what to do you can contact Nambucca Environment Network Inc via our email nambuccaenvironmentnetwork@gmail.com”

Raewyn Macky

Tourists and Locals Flock to Valla Art Show

“The Valla Expressions Art Show was held recently in the Valla Beach Community Hall. Now in it's eight year, it was the brainchild of local resident Lyn Walsh who wanted an opportunity to display her pottery to the community as well as utilise the Valla Community Hall during the busy Christmas period. Over this period, the show has grown into the much anticipated event that we now have.

This year the support was exceptional from both local collectors and holidaymakers. Fifteen art and craftspeople participated in the show which included pottery, artwork, jewellery, metal sculpture, driftwood lamps and lampshades and textile art.

All were very well received and the hope is to continue showing a diverse range of quality local art and crafts in future shows. Valla Expressions donates a percentage of the profits to the Valla Beach Community Association to be used towards local projects.

I would like to thank our sponsors: Nambucca Shire Council for the use of the hall, VBCA for providing the hall free of charge, Nourish Cafe and The Beach House for their delicious open day catering and a special thank you to all of the artists and volunteers who make this show possible.”

Julie Collins

Valla Beach Brigade

“The Valla Beach Brigade supported a number of events over the holidays. We took Santa to the pre-school and we also took him to the Carols before Christmas. The Santa run on Christmas eve was a great success and raised much needed funds for the Brigade (as well as putting sugar in a lot of children's mouths).

The intersection of Giinigay Way and Vall Beach road continues to be a problem, hardly a month goes by when there is not an accident there. And we have attended a small number of fires in the last few weeks. There is always more room for Volunteers to join the Valla Beach Brigade we would hope as the community grows we will get more volunteers.”

Harry Greenwood, Secretary/ Snr Deputy Captain



A Committed Voice for Cowper's Bright Future

Caz Heise, Independent Candidate for Cowper

"As your independent candidate in the upcoming federal election, I want to share my aspirations for Cowper and the incredible community that I have had the honor to call home for over 30 years.

I've lived in this beautiful region for over 30 years, raising my family as I worked as a nurse, regional health leader and in emergency management. I have seen first-hand the strength of our community during crises, while my personal battle with cancer and subsequent work with the Cancer Council served to further strengthen my resolve.

As an independent, I am accountable to our community - not corporate donors, factions of party interest. My platform is built by listening to our community and then advocating for the issues that matter most: reforming our local health system, improving mobile reception, tackling cost-of-living pressures, ensuring more affordable housing is built in our region, and protecting the places we love.

In 2022, I ran for office and, through grassroots participation, we transformed Cowper into the most marginal National electorate in the country. We proved that there is a strong desire for a different type of representation in our region - one steeped in listening and hard work.

Healthcare and housing are foundational to our community's well-being. I am committed to ensuring that every resident has access to quality healthcare and safe, affordable housing options.

The rising cost of living is affecting us all, and small businesses - the backbone of our economy - deserve unwavering support to help them thrive and continue delivering essential local services.

Infrastructure plays a critical role in this future. In particular, many people in our region face isolation due to inadequate or non-existent mobile phone reception and snail pace internet. This disconnect stifles our community's potential. I will advocate for reliable high-speed internet access and more mobile phone towers across our community.

I am also a passionate advocate for our local farmers, growers, and producers. Expanding local food production and manufacturing presents a significant economic opportunity for our region - driving innovation, creating jobs, and strengthening our local economy. By supporting existing farmers, building pathways for aspiring growers, graziers and producers, and investing in the infrastructure, supply chains, and facilities for local businesses to value-add to locally grown food, we can ensure our region becomes a leader in food production.

Together, we can build a future where every voice is heard, where our community flourishes with collaboration and shared values. I am eager to represent you as your independent MP, and I believe we can create an even stronger and more vibrant Cowper for all. I appreciate your support."

Authorised by C Heise, Coffs Harbour NSW 2450

This is a paid advertisement.



Dom's Story *"Can you tell me a bit about yourself and your background?"* I'm Dom, I'm 16. I have 2 brothers and a sister. I was born in Kempsey but I've lived in the Nambucca Valley most of my life. I live in Eungai Creek now and I like the space and freedom I have there.

What do you enjoy doing in your free time? Riding motorbikes, playing basketball and playing footy – I play for U18 Macksville Sea Eagles.

What made you want to come to ShoreTrack? I never really enjoyed school but I showed up most days because I knew it was important. I started coming to ShoreTrack 2 days a weeks this year while in year 10. I'm really looking forward to getting out into the world and working full-time. I'm doing some concreting for a local business at the moment, and I really like that I get to spend my days outside.

Do you have any role models or mentors who have influenced your life? My mum and dad are my role models. They are both caring and really hard workers.

What are your goals for the future? I want to become a heavy diesel mechanic and hopefully go to the mines. I want a good paying job.

What do you love about living and working in the Nambucca Valley? The people here are great - they are laid back and good to chat with. I love the environment here too.

What have you learned or gained by being part of the ShoreTrack team? How to fence, weld, to service a car. Heaps of employability skills that will help me in my working career.

If you could give some advice to other young people, what would it be? Dream big, work hard and play hard.

Would you recommend ShoreTrack to other young people and why? Yes. So they can learn how to do important and practical things like service a car."



Valla Beach Road Intersection Update

The following Media Release dated 9th January 2025 from Michael Kemp MP summarises what is happening with our Valla Beach Road Intersection with Giinagay Way in relation to the Slip Lane Rule 73:

"ROAD SAFETY IMPROVEMENTS AT VALLA BEACH ROAD INTERSECTION

The intersection of Valla Beach Road and Giinagay Way continues to raise serious concerns among local residents due to an increased number of accidents and near-misses.

Michael Kemp, Member for Oxley, has been actively pursuing Transport for NSW on this issue, backing community calls for action. Kemp recently met with Transport for NSW to highlight residents' concerns and review camera survey footage of the intersection, which clearly showed the ongoing risks.

After assessing the footage, Transport for NSW confirmed that driver confusion surrounding the road rules and reckless driving at this intersection has been a significant factor in both near misses and collisions.

"Reviewing the footage made it clear just how many drivers are unsure of the rules when approaching the intersection," Kemp explained.

"The layout may be compliant with regulations, but when drivers hesitate or misinterpret the signage, the risk of accidents multiplies."

"This is about community safety. We can't afford to wait for more serious incidents to happen before action is taken. The number of near misses alone is enough to warrant immediate improvements."

Transport for NSW has assured Kemp and the community that they are moving forward with a plan to enhance safety at the intersection. The measures will include additional road markings, clearer signage, and other safety features aimed at reducing confusion and improving traffic flow.

"I'll be working closely with local community and Transport for NSW to monitor the impact of these changes and ensure they effectively improve the roads safety," Kemp said."

Rest assured VBCA is doing its best to find a solution to this confusing and dangerous intersection.

2NVR 105.9fm Radio Nambucca. Your Community Radio

The crew at 2NVR continues to bring you an impressive variety of shows for your listening pleasure, including Outside Broadcasts. Check out the program at www.2nvr.org.au you can also stream live from the website.

The station is receiving a facelift and painting inside continues.

If you are interested in training to be a broadcaster or being involved in any other way, please email admin@2nvr.org.au It's lots of fun and you will be guided through the process.

Monthly live shows continue - 'Studio 3 Live' on the 3rd Friday of the month, 6-8pm.

Also coming up:

Feb 21st Dan Hopkins & the Generous Few. Blues/Rock
March 21st Val Ockert & Tracey Stride Folk
April 18th Ethan Stewart & Grant D W Barnes with their Delta Blues

Pack some drinks & nibbles & head to 834, Rodeo Drive, Tewinga for a great evening of free entertainment, all broadcast on 2NVR.



Tallowood Steiner School - Student Profiles

Hi my name is **Curtis** and I'd like to tell you about my life at Tallowood. I was born at Coffs Harbour hospital and I live on a hill in Missabotti and it's great. We've got Wia Ora creek near our house and we swim in it, like, every day. Tallowood's two minutes down the road, so I sometimes get there early. The school I used to go to was St Patricks. I went there for three years and started at Tallowood in the middle of Year two. At St Patricks you have to wear uniforms but at Tallowood you don't have to. If I had enough money I would get a pool and a much bigger library.

Hi I am **Liam**. I moved to the area 7 years ago and moved to Tallowood Steiner School 4 years ago. I think it is a weird school. I also live in Port Macquarie with my Dad every second weekend. My mum works in Bowraville. She works for Nambucca Valley Landcare and takes care of trees and the environment.

Hello! My name is **Ellie** and I have lived in Macksville on a property near hills and the river. I've lived there my whole life which would be twelve years in total. I love to go on walks with my mother, bike rides with my Nan and the Macksville Pool is sometimes fun. So far I don't know Macksville's history but I know the town has been here for decades and decades to come. I used to go to Macksville Public but my Mum found Tallowood and looked for applications and applied. This is the best school I've ever been to. This school is amazing. Teachers, students and animals are really kind, there's no bullying, no drama and especially no cruelty.

Hi my name is **Mason**. I live in Macksville and I've been living near Bowraville for almost 11 years now. I like the rivers in Bowraville and I've been at Tallowood and it's alright. I like the school because it's safe.

My name is **Helmer** and I live in Urunga. I go to Tallowood School. I like playing soccer. At home I do mountain biking. I am eleven years old and am in Year Five. I like swimming at Wai Ora and at the Promised Lands out the back of Bello.



Top row: Liam, Mason, Reuben, Curtis

Standing: Arianna, Ellie

Front Row: Lenny, Tyson, Thea, Helmer

Tallowood Steiner School began as a small community school in the 1980s, and in 2010, found strength and direction by aligning with Steiner Education Australia. The school follows Steiner principles and practices in Tallowood's unique context of the school's natural environment, community and local connections. Tallowood provides dynamic learning opportunities through integrated topic areas, cultivating a healthy life of imagination, critical thought and moral development. All key learning areas are enriched with arts, music, drama, creative movement, outdoor education, environmental awareness and nature-based experiences. The school focuses on mindful and active participation in environmental sustainability through the natural sciences, biodynamic gardening practices and providing time for students to be outside in the school's beautiful green spaces.

ACE FM on 87.8 - Your Local Radio Station

ACE FM have you listened to it lately? It may surprise you? If you are looking for an easy listening station this is it. We play the music that you know the words to, even sing to. You will enjoy the best music from the 60's, 70's and 80's.

ACE FM 87.8 will lift your spirits with songs that you can sing along to or perhaps love songs that fill your heart with memories?

ACE FM has a great variety of music. You will hear fifteen different announcers during the week, each with different programs like:

Breakfast; Home Grown Country; Straight Down the Middle; Lost in the 50's; Saturday Afternoon Music Show; A Musical Voyage; My Kind of Music; Wednesday Drive; Olden Goldie's; Friday On My Mind; Sunrise Serenade; Melody Milestones; Dress Circle; Classic Hits and Love Songs; Music in the Night.

Don't forget to listen on Saturday afternoons to the different arrangements of music that Ray plays and we suggest that you give Ray a call to ask for that song that you would love to hear on the radio so call on 02 4929 5550 for your musical requests. Yes we take requests on ACE FM 87.8. Our music director loves his job and making the station sound great is his priority and he is always monitoring playlists and the type of music to suit the time of the day, that is why the music will always be changing on ACE FM 87.8.

We will also bring you Air News on the hour and weather. There will be Valla Beach Community and Valla Markets announcements, and these will help you find out what is happening in Valla Beach.

If you are a night owl George with Music through the Night - a soft and gentle music format to lull you to sleep, or if you cannot sleep soft relaxing music to keep you company through the night. Yes ACE FM 87.8 is 24 hours.

If you are at home or just visiting Valla Beach here is a great opportunity to listen to great music on ACE FM 87.8.

If you would like to advertise on ACE FM than give us a call, you will be amazed at the rates. Give Barry a call on 0418 680 842.

To contact ACE FM:

Phone: 02 4929 1934 Studio 02 4929 5550 Email: Work- ace.fm@optusnet.com.au Station- radio1629am@yahoo.com
Facebook- facebook.com/acefmradio Station- facebook.com/1629am



Upcoming Events at the Valla Hall

Mon Eve-Nidra Yoga Meditation with Virginia Mb: 0400 372 081

Tue Morning- Zumba with Kerri Mb: 0427 027 014

Thur Eve & Sun Morn Monthly Breath Work with Sammy Mb: 0413 387 047

Thur Monthly Valla Cinè Club Contact Mark or Danielle Mb: 0450 451 157

Fri afternoon Valla Voices Choir with Bonnie Mb: 0425 201 064

Sun Morn Monthly Drumming with Simone Mb: 0431 434 538

Sunday Eve Yoga with Mahadevi Mb: 0411 831 093

Please contact above facilitators for more details.

Valla Hall General Committee Meeting Thu 6 Feb, Thu 8 May, Thu 7 Aug (AGM) and Thu 6 Nov.

Recent events included Cuban Dance and Film event, on 11 Jan Jazz & Lasagne Mississippi Juke Hall and Bonsai workshop with Dan in Dec.

Coming soon, once the weather cools down, will be our annual Bush Dance. Date/Time TBC.

Please check out our Facebook page "Valla Public Hall" for up and coming events and workshops.

Hall Bookings contact Belinda on 0431 940 924

Shmonè Band Experience at Valla Hall

Presented by Archive, Shmoné is returning to the Nam-bucca Valley this February 1st! And he's bringing with him a new lineup and a whole lotta new musical experiences for you.

This will be a high energy show fresh off the back of their packed out performances at Woodford Folk Festival. Expect lots of big sound and lots of dancing!

Saturday 1 February, doors 6pm

WOOD OVEN PIZZAS FROM ONE-TWO-FIVE PIZZA

ADULTS: \$33, TEENS \$16.50, KIDS UNDER 13 FREE

BYO drinks BOOKING ESSENTIAL

** JUST 20 EARLY BIRD TIX AVAILABLE for \$27.50 **

Tickets available through Trybooking! Or email hello@archivemnc.com.com

Community Resilience and Defibrillator Update - Free Insurance Session

"After one festive season and now well into the New Year of 2025, we still need to be prepared for any event that may occur requiring us to evacuate our homes and Valla Beach in a hurry!

As we pay insurance premiums to replace any lost or damaged belongings including homes, having the right evidence and knowledge to lodge a claim is vital.

As such the VBCRT have organised a FREE session facilitated by Mid North Coast Legal Services on Thursday the 25th February 2025 at 1pm till 2pm. This will be held in the Valla Beach Hall.

Come along and find out what you need to add to your grab and go bag and spread the word!

Defibrillator Update

We need to start raising funds for replacement batteries for the A.E.D. All seven are in place and checked monthly. (If you find a problem or use the Defibs please contact Pat or Julie. We hope to run a CPR and Defib session early April 2025, look out for dates and information in the next copy of Valla Views.

For even more information please contact Pat Greenwood on 6569 5323 or email trishgw@hotmail.com or via the Valla Beach Community Markets web site."

Pat Greenwood

Bishop DrUITT College (BDC) Playgroup Welcomes Back Families After a Break

"After a refreshing summer break, the BDC Playgroup is thrilled to welcome families back for another exciting year of fun, learning, and connection. For the past four years, our playgroup has been a cornerstone for young families in the community, offering a safe, interactive, and nurturing space for children under the age of five.

"We are excited to see familiar faces again and meet new ones," said Kristy Smith, the Playgroup Coordinator. "The laughter and energy that come with the start of a new term are absolutely contagious. It is a privilege to witness these little ones grow and thrive."

Our program is carefully designed to foster socialization, creativity, and early learning, with activities tailored to different age groups. From sensory play and storytelling to arts and crafts, every session is packed with opportunities to stimulate cognitive and motor skills while nurturing a sense of curiosity and joy. As Term 1 kicks off on Monday, February 3rd, we're looking forward to continuing our mission of building community and helping the next generation grow, learn, and shine. Whether you are a returning family or new to the playgroup, there's something for everyone in our welcoming and supportive environment.

For more information or to get in touch, visit our Facebook page (BDC Playgroup) or contact us directly at ksmith@bdc.nsw.edu.au We can't wait to see you and your little ones this term!"

Kristy Smith BDC Playgroup Coordinator

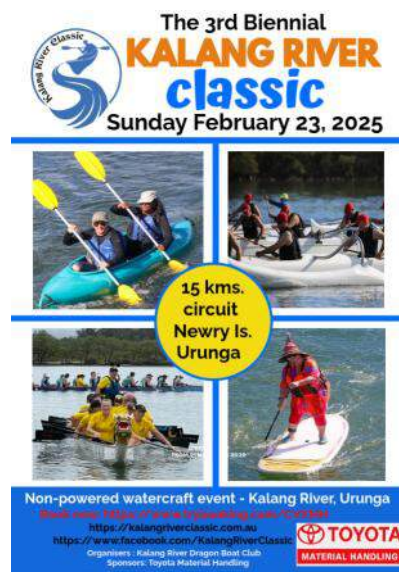
Test Your Endurance on the Beautiful Kalang River

The 2025 Kalang River Classic will be held on Sunday 23 February. This challenging and enjoyable race is held every two years for all types of non-powered watercraft. The set 15 kilometre course starts and finishes at Urunga and takes paddlers on a circuit around Newry Island on the picturesque Kalang River.

February 2025 will be the third year this biennial event has been held since its inception in 2021. It is hosted by the Kalang River Dragon Boat Club with the support of the local community and generous sponsors.

Registration is now open in all categories for dragon boat and outrigger clubs and individual paddlers of kayaks, canoes, sculls, surf skis and SUPs. Entry is \$25.00 per participant and \$10 - \$15 for the 3km. SUP and kayak and 1 km junior races. Official entry forms can be found online from <https://www.trybooking.com/CVXMH>

For more information go to: <https://kalangriverclassic.com.au> or contact the organisers on 0414 475 085 and check out the Facebook page: <https://www.facebook.com/KalangRiverClassic>



The 3rd Biennial
KALANG RIVER classic
Sunday February 23, 2025

15 kms. circuit
Newry Is.
Urunga

Non-powered watercraft event - Kalang River, Urunga
<https://www.trybooking.com/CVXMH>
<https://www.facebook.com/KalangRiverClassic>
Organisers: Kalang River Dragon Boat Club
Sponsors: Toyota Material Handling

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Possum's Tuckerbox is situated within Valla Beach Holiday Park
 Open 7 days a week from
 8.30am to 1.30pm
 Hot & Cold drinks, Burgers, Fish & Chips
 Open for Pizzas Thurs, Fri & Sat nights
 from 5pm to 7pm
 Fish & Chips Sun & Mon
 5.30 to 6.30pm
 Enquiries 0405 233 161




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Liz Hunter-Henderson is offering a counselling service for women, in a tranquil space overlooking the ocean at Valla Beach.
 If you have any issues or challenges you would like to discuss, please email or call me to make an appointment.
Mobile: 0406 488 596
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