

## Valla Beach Community Market

**Valla Beach Reserve**

**Saturday  
4th October  
8am - 1pm**



Just follow the signs ...

### Come along to our October Market

Great opportunity to wander around the stalls - you might just find that special thing you have been looking for. And there is always great food and drinks available all whilst listening to fantastic live music.

**Come and enjoy the  
great atmosphere.**

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Coming from a Macedonian working-class family who emigrated to Australia in the 1970's and raised in

the shadow of the Port Kembla Steelworks, South of Sydney, Australian Storyteller and Folk Singer **SNEZ** subtly weaves these stories into her own songs. Off the back of the success of her critically acclaimed album 'Fisher on the Sea', released during the pandemic, 2026 sees the new release of her 6th studio album with an Australian tour to follow in 2026. [www.snez.com.au](http://www.snez.com.au)

### MAJOR MARKET SPONSORS

- \* Nambucca Valley Council
- \* Lifestyle.
- \* Valla Beach Tavern
- \* Valla Lions Club
- \* John Elliott (Prickle Patch Signs)
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- \* MAWAW - Men And Women At Work
- \* Two Lucky Ducks - website design
- \* Zeny's Photo Centre (Copy Centre)

**Please support our sponsors above  
as well as our wonderful support  
businesses on Page 6**

### Don't forget

daylight saving  
commences on **Sun  
5 Oct at 2am** and we  
change our clocks  
back on

**Sun 6 April 2026!!**



Time to  
Spring Ahead

**FUN  
TIME**

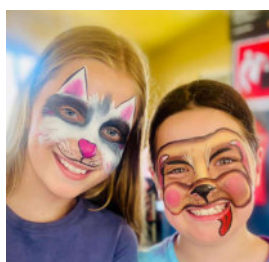
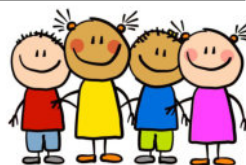
**Hulistic Hoops** with Jesse - 9am to midday. Demonstrations and impromptu lessons. Come along and join in the fun.



**Free** Family Arts and Craft activities with **Phillida** and Book reading with **Sue**. Lots of puzzles, games and art activities for all.

**Face painting  
with Sarah Jae**

**We face  
painting**



### Market opening times:

**6am for stallholders to enter site for setup; 7am for community tent stalls; 8am for customers; Trading till 1pm (no pack up before 1pm)**

Cost for sites: (3m x 3m) \$30  
Community Tent (chair and table under marquee) \$15  
Casual insurance \$10  
(\$5 for community tent)  
Food stalls \$50 (+\$10 for power)

**All enquiries: Peter Sobey  
[vallabeachmarkets@gmail.com](mailto:vallabeachmarkets@gmail.com)**



## VALLA BEACH COMMUNITY ASSOCIATION (VBCA) REPORT

"Good news this month that the NSW Government has put forward legislation to establish the **Great Koala National Park**. The park will protect forests from logging and allow the biodiversity of the area to flourish. It is important to realise that our local area is a world biodiversity hotspot. With all the pressures on the natural environment it is so vital to protect what little remains. If we don't act this diversity will disappear and we will all be poorer for it.

The AI camera at the **Valla Beach Road intersection with Giinigay Way** has been removed and we await the imminent communications from Transport for NSW as to the proposed plan for the intersection. The message to reduce speed seems to be slowly gaining traction. It is always good advice to slow down, especially on the roads you use most often. Most accidents occur within 8km from home. That is why I moved!

**President:** Peter Sobey 0428 695 118  
**Market Queries:** [vallabeachmarkets@gmail.com](mailto:vallabeachmarkets@gmail.com)

We have been making changes in the way we run the **Valla Beach Market**. Last year we started using the new stage and it has been a great success. This made the old stage, based upon a flat bed trailer, redundant. Over the last couple of months we have employed the many skills of the blokes at the Nambucca Heads Mens Shed to design and build 8 trolleys to store and move the tables, chairs, marquees, and bollards that we store in the shed. The use of these trolleys will eliminate the double handling of all these items and save our volunteers from having to lift everything onto the trailer. We have sold the trailer which has paid for the cost of building the trolleys.

I have asked for good weather for the **October 4th Market** so come along and bring all your coins, if you still have any, to put in the donation tins. The money will go to our **Family Christmas Evening on 12 December**.

We are a Committee of Council run by volunteers and we are always open for people to become involved, either in a big way or a small way. All of the contributions, from staffing the greeting tables at the market, to helping to set up the annual art show, to being a committee member, and everything else is what makes our community a better place. If you would like to become a part of the VBCA please send us an email, or call, or visit the VBCA tent at the market for a chat." Peter Sobey - President/Treasurer

If you have any enquiries, call on Peter's number above or email [vallabeachcommunityassoc@gmail.com](mailto:vallabeachcommunityassoc@gmail.com)  
 Check out our website at [vallabeachmarkets.org.au](http://vallabeachmarkets.org.au) We thank Simon from [www.twoluckyducks.com.au](http://www.twoluckyducks.com.au) for our website and the continuing changes.

And don't forget our next **VBCA Meeting** will be our Annual General Meeting on **Monday 17th November commencing at 7pm** in our Community Hall. So mark your calendars now.

If you would like to be nominated for a position on our committee, there are Application Forms on our website that will enable you to download and print the Form and send to NVC.

We recently needed urgent help from a locksmith in relation to one of our Hall locks and we would like to make mention of **Tom Farrugia** from **TJF Locksmiths** based in Nambucca. He was able to come out immediately and help us rectify the situation. And as we are a voluntary organisation, he did not charge us for his time. His mobile **0448 060 968**  
**If you are having any key or lock issues, VBCA would highly recommend Tom.**

### "Valla Beach Community Defib Project

There have been three defibrillators out of use in the past month owing to storm damage on Anderson Park and the Beach House, and vandalism at the Lions Park unit.

Fortunately none of the defibrillators were damaged or stolen but the cabinets and stands have had to be repaired. Urunga Men's Shed have done a great job in securing the two damaged ones to their stands. The Lions Park cabinet had to be completely replaced and the men's shed have managed to repair the old one so that we have a spare. They have had little use in the last few months which is good news. All seven are regularly checked by their minders and are ready for use if the need arises.

### Valla Expressions Art Show

2026 will be the tenth Valla Expressions Art Show and it promises to be bigger and better than ever. The show will be held from the **4th to the 12th of January 2026** in the Valla Beach Community Hall on Valla Beach Road. We currently have sixteen local artists displaying their work, ranging from painting, ceramics, wood turning, textiles, jewellery, photography, driftwood lamps and lampshades.

All works are for sale and gift vouchers will be available for purchase before Christmas at the Valla Beach Markets. Stay up to date with the latest news by following our facebook page: Valla Expressions Art Show.

### Valla Beach Community Resilience Team.

As we head into the Summer months and the weather starts to warm, it is time to think about the bushfire risk in our community. There are some simple jobs that can be done while the temperatures are cooler, such as clearing gutters, trimming overhanging trees and removing garden rubbish.

It is also time to organise a **"Grab and Go Bag"** in case of a sudden evacuation (there are some great ideas online) and to formulate an emergency plan covering your home, pets and vehicles.

Remember, there is only one road in and out of Valla Beach!" **Julie Collins VBCA**



## “Live Music Hits the Heights in Valla Beach Holiday Park

The popular Valla Beach Ukulele Camp and Beach Party 2025 returns this October, bringing some of Australia’s foremost musicians and music teachers to the region.

The Camp is a weekend workshop and concert extravaganza with three musical institutes attached. It presents world-class concerts for the local community featuring visiting national performers, as well as high quality workshops in ukulele and ensemble playing, improvisation, bass, harmonica, vocals, performance skills, song writing, pop, rock and jazz, taught by excellent tutors.

The event is hosted by *The Wild Women of Anywhere Beach*, Cathy Welsford and Angie Smith, aided by a team of community volunteers and sponsored by Valla Beach Holiday Park, Valla Beach Pharmacy, Ukulele Mate Sydney, Jacks Music Newcastle, Ukewarriors.com, Sally’s Ukulele, Original Cyn and Launceston Ukulele Jamboree.

In addition to workshops, this year’s Camp offers two All-Star evening concerts and three free events including daytime-concerts and a Beach Party Surfin’ Jam. All of these are open to the public so come on down and join in the fun.

Program below. To book for the evening concerts go to <http://www.vallabeachukulelecamp.net>,

### HeadlinerStars Lineup

sophisticateandbetty (Cate Jardine and Betty France)

Melbourne

Sam Lemann, Melbourne, just back from Nashville

Lindy and the Loose Units, Sydney rock band

Accidentally on Purpose and Tom Richter, Queensland

Sunshine Coast

[The Wild Women of Anywhere Beach](#), just back from 5 state tour plus NZ

Blue Gum Blossom jazz septet, NSW Mid North Coast

Jack’n’Jel’n’Mac’n’Wal, Newcastle

The Ukastle Ukestra, Newcastle, winners National Folk Festival

Jackie Barnes and Her Tasmanian Devils, Launceston

### Friday 10 Oct 2025

6.30pm All Star Concert No.1 Woolshed Paid event

### Saturday 11 Oct

1.30pm & 2.30pm Free Matinee Concerts Outdoor Stage & Conf Rm

6.30pm All Star Concert No.2 Woolshed Paid event

### Sunday 12 Oct

1pm Free Beach Party Surfin’ Jam, Outdoor Stage”



sophisticateandbetty (Cate Jardine & Betty France)

Bookings at <http://www.vallabeachukulelecamp.net>,

Further information: Cathy Welsford 0417 657 411, email: [cathywelsford419@gmail.com](mailto:cathywelsford419@gmail.com)



Wife: “I want another baby.”

Husband: “That’s a relief, I also really don’t like this one.” Oh dear ...

“Today on a drive, I decided to go visit my childhood home. I asked the people living there if I could come inside because I was feeling nostalgic, but they refused and slammed the door in my face. My parents are the worst.”

At my age “Getting Lucky” means walking into a room and remembering what I came in there for.

## “The Bellingen Shire Arts Trail Weekend - November 8th & 9th 2025 - 10:00 am - 4:00 pm

The much anticipated third Bellingen Shire Arts Trail Weekend is back, bringing a vibrant celebration of creativity to the Bellingen Shire this November.

The Bellingen Shire Arts Trail Weekend presents a wonderful opportunity for art enthusiasts, collectors, curious minds and fellow artists to explore the beautiful Bellingen Shire whilst meeting and talking to the creative people who make it such an inspiring place.

This year’s trail presents 30 open studios, galleries and shared spaces showcasing the diverse talents of over 80 of our local artists and craftspeople.

From Bostobrick and Dorrigo on the Dorrigo Plateau (see work by Julia May), down to Bellingen and Raleigh in the valley (see work by Cynthia Miller), and on to coastal Urunga (see work by David Southgate), artists will open their doors for a glimpse into their artistic processes. Visitors will have the opportunity to discover emerging talents, meet established creators, and purchase unique artworks.

There will also be music, dance and artist’s talks at some of the venues over the two days.

**For details about the weekend go to our website [bellingshireartstrail.com](http://bellingshireartstrail.com) or pickup booklets: Waterfall Way Visitor Centre Bellingen, Nexus Community Gallery Bellingen, The Art Space Urunga”**

## “Will’s ShoreTrack Story

**Can you tell us your name, age, and where you're from?** William Van Straaten, I'm 16 and I'm from Yarranbella.

**What was life like before you started at ShoreTrack?** Dull, boring and not enjoyable.  
**How did you first hear about ShoreTrack, and what made you want to give it a go?**

Friends and Facebook. I gave it a go cause it was something I wanted to try.

**What do you do at ShoreTrack – can you walk us through a typical day?**

Well, it's hard to walk you through cause there's soooo many things to do! If I had to pick one, it would be, wake up, get ready, get picked up, once there, we have breakie, do morning, circle then our daily tasks and necessities.

**What's a job you're really proud of?** Everything!!!!

**Have you changed since starting at ShoreTrack? How so.**

Very much so! It's changed me, my friendships, task and just overall it's helped me change for the better.

**What has ShoreTrack helped you realise about yourself?**

A bit of everything, for example, I never realised I was a good tradesman until I tried it. Now I'm loving it every day!

**Do you have a dream job or something you'd love to pursue?** Hopefully become a ShoreTrack trainee.

**What would you say to someone who's in the same place you were before you joined?** It's ok to ask for help.

**Can you finish this sentence? “Because of ShoreTrack, I...”** I am a much better version of myself.”

**Enquiries:** Jill Ashley 0407 142 293 Check out ShoreTrack for yourself! [ShoreTrack | Facebook](#)



# HOTELS

“AB Hotels are proud to be the new owners of [Valla Beach Tavern](#) and are excited to bring fresh energy to this much-loved local pub – starting with plenty of exciting changes ahead, including a brand-new playground for families.”

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**VALLA BEACH  
TAVERN**

**SCAN FOR OUR  
WEBSITE**

And the new owners of Valla Beach Tavern have also decided to become a Major Market Sponsor for our VBCA and its projects by assisting us with the cost of the printing of our Valla Views - we extend a big thank you and a warm welcome to them.

“**The Bowraville Theatre Singers** will be presenting their next concert on **Saturday 25<sup>th</sup> and Sunday 26<sup>th</sup> October.**

Both concerts will be held in the beautiful Bowraville Theatre and will **commence at 2 pm.** The concert is called WE ARE MANY and features songs of Australia which are composed by Australian artists. Some of the songs are composed by our very own local Paul Jarman and his wife Bonnie Nilsson. Paul is now the Choir Director of the Bowraville Theatre Singers and has arranged a very exciting concert with guest artists Lesa Scully on piano and Laura McNeil on cello.

A wide variety of music will be performed including music celebrating our history, our adventurers and dreamers and our Torres Strait neighbours. There is something for everyone to enjoy.

**Tickets are available now from [Tickethost.com.au](#) and are \$25 each.** They are already selling fast.”



## 2NVR 105.9fm Radio Nambucca - Your Community Radio

“2NVR is proud to be a 24/7 volunteer radio station, coming to you live and local in the Nambucca Valley & beyond. If you would like to be involved in this vibrant organisation, on air or behind the scenes, email [admin@2nvr.org.au](mailto:admin@2nvr.org.au) we're always happy to welcome newcomers.

The station continues to reach out to the community through local content, sports coverage, outside broadcasts, Council reports, youth program, reading the news for the print challenged & supporting local musicians. 'Studio 3 Live' the live music show continues, 3rd Friday each month, 6-8pm. You are welcome to come along to 834, Rodeo Drive, Tewinga to enjoy this free event, BYO drinks & nibbles. Or listen on 105.9fm or stream via [2nvr.org.au](#)

**Come & enjoy these artists:**

17 Oct: Yarrow- beautiful singer/songwriter with the voice of an angel.

21 Nov: The Replacements a dynamic, originals & covers band with solid musicians & vocals to match to get you dancing.

**Download your 2NVR program guide from [2nvr.org.au](#) / email [admin@2nvr.org.au](mailto:admin@2nvr.org.au)”**





Bowraville Sports Hub Trivia & Rotary  
chocolate wheel

Tuesday October 14th 6 pm

Come & enjoy a night of trivia & win some cash on the chocolate wheel

All money raised will go to

Nambucca Valley Community projects

Call The Sports Hub 65 647 349 to book your table for a  
meal & trivia



### “Giinagay from Valla Community Preschool,

The Yamaarr (Fish) class have a goal to strengthen and widen our community links through excursion and community walks. You may have seen us on one of our many walks to the Gaagal (Ocean), the Bindarray (River) and Wawaa (Bush). In the Yamaarr class we have been exploring clay and design in Term 1. This sparked the relationship between the Preschool and Village Pottery, our local Ceramics Studio. Matt and his team welcomed us in with open arms showing us around his pottery wonderland filled with high quality water filters & local artisan's clay creations fired onsite in their industrial sized kiln. We started our exploration posing the question “What is clay?” to the children:

Kohl: “It’s like playdough but its brown”

Raz: “It’s like strong playdough”

Piper: “You can get it at the beach under the sand”

Olive: “ It’s like pottery, you have to make pottery from clay. You make plates from pottery”



We got some of Matt’s amazing, recycled clay and each child made a clay work. Matt invited the class to fire their works in the large kiln; the children were so excited and curious to see the process from start to finish. The clay was such good quality and a pleasure to work with; we have now started to purchase all of our clay locally. So, from everyone at Valla Community Preschool we send out a big thankyou to Village Pottery and hope to continue to nurture this new community link.

From some of our clay creations, we have been working on a collaborative mosaic, which has led our children into planning and designing their own individual mosaic creations.

If any community members have some colourful tiles or mosaic materials that they would like to donate for our project, we would love for you to get in contact with us on **6569 5274.”**



**Valla Views availability:** If you wish to be notified about a new edition of our newsletter via email, go to [vallabeachmarkets.org.au/valla-views](http://vallabeachmarkets.org.au/valla-views) and sign up. And if you have received a copy of the VV, we would like to ask you to pass it on ...

#### Disclaimer:

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**Valla Beach Community Association**



**Possum's Tuckerbox** is situated within Valla Beach Holiday Park  
Open 7 days a week from **8.30am to 1.30pm** - Hot & Cold drinks, Burgers, Fish & Chips - Open for **Pizzas** Thurs, Fri & Sat nights **from 5pm to 7pm** - Fish & Chips Sun & Mon **5.30- 6.30pm** -  
**Enquiries 0405 233 161**



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**ZUMBA GOLD**

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**Tuesdays 9am Valla Public Hall (Rural)**

A good fun, low to medium impact dance class which is great for your body and your brain! It relieves stress, builds core strength, helps increase balance and coordination. No prior dance experience is needed.

**Kerri 0427 027 014**



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